

Guidelines for Schools

Each school in the formulation of policy, which acknowledges that the protection of the skin of children is particularly important, should consider the Care in the Sun Guidelines.

CURRICULUM

Include sun awareness and sun safety issues in appropriate curriculum areas, particularly health and physical fitness projects.

UNIFORM

Address the issues of using clothing as protective in the design of school uniform and PE kit, including long sleeved, collared T-shirts and appropriate hats.

OUTDOOR ACTIVITIES

Take appropriate precautions on days when sunburn may be an issue for fairer skinned children. To extend policy considerations to special activities such as sports days and school trips taking into account the intensity of the midday sun.

SHADE

Provide shaded areas during the lunch break periods using trees and buildings. To consider such issues in the development of school grounds.

SUNSCREENS

Encourage the use of sunscreens in schools. Teachers and other carers should ensure they are used correctly.

STAFF

Make provision for teachers and carers to understand the sun awareness guidelines and to encourage staff to follow protection procedures and act as role models.

ALLIANCES

Collaborate with parents, governors and other agencies to raise awareness amongst children and develop a healthy school policy.

These Guidelines have been developed by the Department of Education in association with the Northern Ireland Melanoma Strategy Implementation Group and are supported by the Department of Health, Social Services and Public Safety.